



Webinar on

**Stress and Depression
Management**

October 15, 2020

Webinar on Stress Management

TIME IN EET	SPEAKER SESSION
16:00 PM -16:20 PM	Title: Fitness for work and Stress Irene Burguillo, CODEM, Spain
16:20 PM - 16:30 PM	Q & A SESSION
16:30 PM - 16:50 PM	Title: Direct evidence of viral infection and mitochondrial alterations in the brain of foetuses at high risk for Schizophrenia Segundo Mesa Castillo, Psychiatric Hospital of Havana, Cuba
16:50 PM - 17:00 PM	Q & A SESSION
17:00 PM - 17:20 PM	Title: Signs that you are a Victim of Narcissistic Abuse Sam Vaknin, Southern Federal University, Russia
17:20 PM - 17:30 PM	Q & A SESSION
17:30 PM - 17:50 PM	Title: Suicidal Risk Samir Mustafa Smisim, Medical Director of training dept SRCA, Saudi Arabia
17:50 PM - 18:00 PM	Q & A SESSION
18:00 PM - 18:20 PM	Title: Racism has no place in our society Shungu Hilda M'gadzah, Inclusion Psychologists Ltd, UK
18:20 PM - 18:30 PM	Q & A SESSION
18:30 PM - 18:50 PM	Title: Generalized anxiety disorder (GAD) and panic disorder (PD) Fatemah Samir Smaism, Al-Maarefa University-college of Medicine, Saudi Arabia
18:50 PM - 19:00 PM	Q & A SESSION
19:00 PM - 19:20 PM	Title: Developing mental health solutions the Nigerian perspective Onwuzuruike Stanley, University of Lagos, Nigeria
19:20 PM - 19:30 PM	Q & A SESSION
19:30 PM - 19:50 PM	Title: How to kill the "job stress" before it kills you, through NLP psychology P T Sunderam, Osmania University, India
19:50 PM - 20:00 PM	Q & A SESSION
20:00 PM - 20:20 PM	Title: Diabetes and Depression Faraz Farishta, India
20:20 PM - 20:30 PM	Q & A SESSION
20:30 PM - 20:50 PM	Title: Strategic Approaches to Sexual Violence Prevention in Adolescents James Bush, Bush Counseling Services, USA
20:50 PM - 21:00 PM	Q & A SESSION
21:00 PM - 21:20 PM	Title: The reasons why? Analysis of recent suicide statistics to identify high risk population Tamanna Malhotra, Newcastle University, UK
21:20 PM - 21:30 PM	Q & A SESSION

