

## PRESS RELEASE

### Why and How Sam Vaknin Pioneered the Study of Narcissism

In 1985 and then again in 1995, I received the worst news a person can have: I suffer from the most extreme form of Narcissistic Personality Disorder, a new mental health disorders which had just made it into the bible of psychiatry, the Diagnostic and Statistical Manual (DSM).

Dazed and scared, I started to research the diagnosis. To my shock, there was nothing to be found online and very little in musty, decades old studies confined to psychoanalysis and its intellectual offshoots.

I sent out to write the first book ever published on this personality derangement. I was the first to describe narcissistic abuse in my book. I had to come up with a whole new language, still in use today, a quarter of a century later.

I made my entire body of work free online from the get-go: more than 1000 hours of video and in excess of 15,000 print pages.

My name is Sam Vaknin and I am the author of "[\*Malignant Self-love: Narcissism Revisited\*](#)", a pioneering work of reference, now in its 10<sup>th</sup>. DSM-5 compatible revision, about [Narcissistic Personality Disorder](#) and of [other books](#) about [personality disorders](#).

I have been studying [pathological, malignant narcissism](#) since the mid-1990s now, mostly in the following contexts:

- I. **Corporate settings and in Politics;**
- II. **Abusive and Dysfunctional relationships.**

**Narcissistic Personality Disorder (NPD)** is a serious, often undiagnosed condition, frequently related to abuse in childhood.

In many cases the disorder compels the sufferer to become the abuser in turn.

Almost unheard of when I started my work, pathological narcissism is now considered to be at the heart of phenomena as diverse as **corporate malfeasance, workplace bullying, the emergence of murderous dictatorships, domestic violence, and serial killings.**

**I would be delighted to assist you in putting together a report, a segment, an issue, an article, or series of articles regarding this disorder and its effects on others.**

**I have made many additional resources available to you here:**

<http://www.narcissistic-abuse.com/mediakit.html> (My work and credentials in psychology: Media Kit and Press Room)

Thank you for taking the time to read this.

Sam

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Former Visiting Professor of Psychology, Southern Federal University, Rostov-on-Don, Russia

<http://www.narcissistic-abuse.com/mediakit.html> (My work in psychology: Media Kit and Press Room)

Consultations with Sam Vaknin or Lidiya Rangelovska (or both) <http://www.narcissistic-abuse.com/ctcounsel.html>

<http://www.youtube.com/samvaknin> (Narcissists, Psychopaths, Abuse)

<http://www.youtube.com/vakninmusings> (World in Conflict and Transition)

<http://www.narcissistic-abuse.com> (Malignant Self-love: Narcissism Revisited)

<http://www.narcissistic-abuse.com/cv.html> (Biography and Resume)